

‘Jumpstart your Healing Journey’ with Keys to Total Healing

Focus - An introduction to using Total Biology and other ‘keys’ to open your emotional story, discover insights, and begin to experience healing –

- * a lightness of being
- * relief from distress
- * renewed energy and vitality
- * joyful and empowered outlook
- * clarity of thinking
- * purposeful, future-oriented focus
- * meaningful beneficial life changes.

Purpose and intention of the workshop

- * For people who are ready to start using the Keys to begin their healing from a specific disease condition, behaviour, or recurring pattern in their life - who want to get a 'jumpstart' with the process and prepare themselves for ongoing private sessions.

This workshop will help them prepare material and information that will save themselves at least two private sessions, a \$250 value. It will set up the foundation for proceeding along their healing journey.

- * For those who wish to explore the practical application of this healing knowledge by having their own experience of using its tools and exploring an aspect of healing for themselves.

Format of the Workshop

Each participant will be required to complete an **information questionnaire** as part of their registration. This information will help tailor the workshop to the particular health concerns of the participants.

The participants will be guided through a series of steps toward the opening of their own emotional story and preparing their own file of personal information. There will be some one-on-one interaction between each participant and the instructor as examples are taken from the participants' exercises during the workshop. There will be opportunities for group sharing and participants learning from each other.

General outline for the Workshop

- * overview of the benefits of Total Biology and how it works
- * review of information in the questionnaires (prerequisite for attending the course)

- * tools to open your emotional life story and aids to preparing the Lifeline
- * introduction to "cellular memorized biological cycles" as an aid
- * Some examples of specific diseases
- * Introduction to preparing the 'Family Tree'

Date and Time – as announced

Location – as is most suitable for the group

Cost: \$137

Next workshop: as announced

*****Note - prerequisite:** attendance at an introductory evening presentation

To register:

- 1) Pay the fee (see online registration)
- 2) Complete the **participant information questionnaire** and submit by e-mail (or mail) to arrive by **at least 7 days before the date of the workshop.**

Please note that attendance at this workshop is limited to 12 people. To secure your place you are advised to complete your registration well in advance.

.....

For further information you may contact Nelie by e-mail at nelie@keystototalhealing.com or by phone 604-463-3234 (leave message for me to call you back).